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TANITA ANNOUNCES ITS FIRST BODY COMPOSITION MONITOR TO WIRELESSLY TRANSMIT DATA TO REMOTE DISPLAYS

New BC-1000 consumer monitor links with remote displays through wireless technology

ARLINGTON HEIGHTS, IL (March 17, 2009) – Tanita Corporation, the world's leader in professional analyzers, consumer home monitors and miniscale products, announces the new BC-1000, bringing the most sophisticated health monitoring technology to health and fitness enthusiasts everywhere. The BC-1000 Body Composition Monitor offers consumers the ability to wirelessly link data to remote displays, such as a personal computer. For the debut of the BC-1000, Tanita has partnered with Garmin Ltd., the global leader in satellite navigation, to bring consumers the ability to securely and wirelessly transmit data to Garmin's FR60 or 310XT fitness watches.

In addition to weight, body fat percentage and hydration levels, the BC-1000 Body Composition Monitor provides measurements on muscle mass, overall physique rating, daily caloric intake, metabolic age rating, bone mass and visceral fat. The BC-1000 will communicate with your computer and Tanita's new HealthyEdge™ Software to wirelessly transmit these nine readings within seconds after stepping on the platform. When using one of the Garmin Fitness monitors (FR60, 310XT) and its wireless technology, the readings of weight, body fat and body water are wirelessly displayed, while all nine readings are stored in the watch. When in range of a consumer's computer, the information is automatically transmitted to the computer using the wireless USB Stick and captured with Tanita's HealthyEdge Software.

The wireless interface protocol enables ultra low power applications ideal for fitness and health monitors and offers all the benefits of digital wireless communications with much lower power consumption than other wireless protocols. The BC-1000 scale platform features no visible display, as readings are automatically transmitted to remote displays such as the Garmin fitness watch, a personal computer, or Tanita's tabletop remote display for easy viewing in various locations. This dynamic feature—the first of its kind—will allow for private readings and is

perfect for anyone who wants to keep their health and fitness levels private, making the BC-1000 the ultimate choice for discretion.

Tanita Corporation of America

Tanita has been a world leader in precision scales for almost 65 years, and has a strong presence in medical, education, fitness, commercial, and consumer markets. Tanita's performance, innovation and durability are trusted worldwide. Tanita's dedication to helping people enjoy healthier lives has led to the development of products that take innovative design one step further by providing added value and precision. For more information on Tanita and their products, visit www.TheCompetitiveEdge.com.

About Garmin

Garmin Ltd. (Nasdaq: GRMN) is the global leader in satellite navigation. Since 1989, the Garmin group of companies has designed, manufactured, marketed and sold navigation, communication and information devices and applications – most of which are enabled by GPS technology. Garmin's products serve automotive, mobile, wireless, outdoor recreation, marine, aviation, and OEM applications. Garmin Ltd. is incorporated in the Cayman Islands, and its principal subsidiaries are located in the United States, Taiwan and the United Kingdom. For more information, visit Garmin's virtual pressroom at www.garmin.com/pressroom or contact the Media Relations department at 913-397-8200. Garmin is a registered trademark, ANT and ANT+ are trademarks and Garmin Connect is a service mark of Garmin Ltd. or its subsidiaries.

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