

TANITA®
THE STANDARD

BC-350 IRONMAN®

BODY COMPOSITION MONITOR



**High weight resolution of
0.1 lb (50 grams)**

**9 body composition
measurements**

**Thin design is only 0.6
inch thick**

**Lightweight platform
weighs only 3.3 pounds**

**Memory for up to 4 users,
with weight to 330 pounds**

BC-350 IRONMAN[®]
Body Composition Monitor

From two of the fitness industries powerhouses, Tanita and Ironman, the Tanita BC-350 IRONMAN[®] Body Composition Monitor provides a new level of detail to high-performance fitness monitoring. Utilizing Tanita exclusive technology to examine total body composition in an exceedingly low-profile and lightweight design, its' extremely sophisticated style enhances any bathroom, or home gym, decor.

This highly accurate FDA cleared body composition monitor not only measures weight and body fat, it also tells you your muscle mass, body water %, basal metabolic rate (BMR), metabolic age, bone mass, visceral fat and rates your physique! The muscle mass feature indicates the weight of muscle in the body. The Body Water % is the total amount of fluid in the body expressed as a percentage of total weight. The BMR is the daily minimum level of energy or calories your body requires when resting (including sleeping) to function effectively. The Metabolic Age compares your BMR to the average age associated with that level of metabolism. The Bone Mass is the weight of your bone in your body. The Visceral Fat is the fat in the abdominal cavity (stomach), surrounding the vital organs. The Physique Rating is a rating of your body type; 1-9. And, with an industry best 0.1 lb (50 grams) resolution, you're assured the highest level of accuracy yet available in a consumer scale

The BC-350 measures just over a half inch thick and weighs just over three pounds, great for those with small spaces or for travel. It features a weight capacity of 330 pounds, it operates for greater than 2 years on two CR2032 batteries (included).

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Measurements Include:

- ✓ Weight
- ✓ Body Fat %
- ✓ Muscle Mass
- ✓ Physique Rating
- ✓ Body Water %
- ✓ Basal Metabolic Rate (BMR)
- ✓ Metabolix Age
- ✓ Bone Mass
- ✓ Visceral Fat Rating

Specifications:

- ✓ Capacity: 330lb (150 kg)
- ✓ Weight increments: 0.1lb (0.05kg)
- ✓ Automatic scrolling of results
- ✓ Guest Mode & Athlete Mode
- ✓ Power Supply: 2 Lithium Batters CR2032 (*included*)
- ✓ Platform Size 11.9in x 11.7in
- ✓ Weight: 3.3 lb (1.5 kg)