



## BODY COMPOSITION READINGS

- Weight
- Body fat %
- Body water %
- Muscle mass
- Daily Caloric Intake
- Metabolic age
- Bone mass
- Visceral fat

### BC-577F BODY COMPOSITION MONITOR

This scale is a unique and highly accurate body composition monitor. This product not only measures weight and body fat, it also tells you your muscle mass, body water %, daily caloric intake (DCI), metabolic age, bone mass, and visceral fat. The muscle mass feature indicates the weight of muscle in the body. The Body Water % is the total amount of fluid in the body expressed as a percentage of total weight. The DCI reading is the daily amount of calories your body requires to maintain your current weight. The Metabolic Age compares your basal metabolic rate to the average age associated with that level of metabolism. The Bone Mass is the weight of your bone in your body. The Visceral Fat is the fat in the abdominal cavity (stomach), surrounding the vital organs. This scale features a distinctive full glass platform with transparent electrodes and unique touch sensitive controls

#### Specifications:

- Capacity: 330 lb (150 kg)
- Weight Increments: 0.2 lb (0.1 kg)
- Body Fat Increments: 0.1 %
- Power: 2 X CR2032 (included)
- Tempered glass platform
- Transparent Electrodes & Keypad
- Guest Mode & Athlete Mode
- 1 year warranty
- Dimensions: 13" x 12.7" x 1.7"
- Weight: 4.1 lbs