Great scale for health and fitness enthusiasts

9 full-body measurements

Rugged tempered glass platform

All the data needed to attain peak performance

Includes special mode for athletes

This scale is a unique and highly accurate body composition monitor. This product not only measures weight and body fat, it also tells you your muscle mass, body water %, daily caloric intake (DCI), metabolic age, bone mass, visceral fat and rates your physique. The muscle mass feature indicates the weight of muscle in the body. The Body Water % is the total amount of fluid in the body expressed as a percentage of total weight. The DCI reading is the daily amount of calories your body requires to maintain your current weight. The Metabolic Age compares your basal metabolic rate to the average age associated with that level of metabolism. The Bone Mass is the weight of your bone in your body. The Visceral Fat is the fat in the abdominal cavity (stomach), surrounding the vital organs. The Physique Rating is a rating of your body type; 1-9. Its sleek, modern design of glass and black accents is a compliment to any bathroom.

Measurements Include:

✓ Weight
✓ Body fat %
✓ Body water %
✓ Muscle mass
✓ Physique rating
✓ Daily Calorie Intake
✓ Metabolic age
✓ Bone mass
✓ Visceral fat rating

Specifications:

✓ Capacity: 330lb (150 kg)
✓ Weight increments: 0.2lb (0.1kg)
✓ Body Fat Increments: 0.1%
✓ Easy-to-read 2.25” LCD display
✓ 4 person memory
✓ Guest Mode & Athlete Mode
✓ Recall function: weight, body fat %, body water %, and muscle mass
✓ Power Supply: 4 x AA batteries (included)
✓ 1 year warranty
✓ Dimensions: 12.6” x 11.8” x 1.7”
✓ Weight: 5.9 lb