RD-953 innerScan®

Bluetooth Body Composition Monitor with Exclusive Multi Frequency BIA Technology

FDA Cleared “Multi Frequency” BIA Technology

Integrated Bluetooth 4.0 long battery life allowing instant data transmission to your iPhone 4S and above or Android 4.4 and above

Easy-to-read measurements with instant color-coded assessments

User recognition - just step on and the scale will start taking a measurement

11 Full-Body Measurements, including muscle quality score

Free Tanita Healthy Edge® Mobile App

Automatically upload your measurements to Tanita Healthy Edge® Mobile App.

- iPhone 4S or above
- Android 4.4 or above

Provides a powerful tool to track your progress with easy-to-read graphs and helpful assessments. Set your own targets and achieve your personal fitness and wellness goals.

*RD-953 Currently Only Available in the USA

® THE STANDARD
**RD-953 innerScan.**
**Bluetooth Body Composition Monitor**

Tanita, the designer, manufacturer & distributor of the world’s most accurate, radio wireless body composition scales. Since creating the world’s first stand-on body composition monitor in 1992, Tanita Bioelectrical Impedance Analysis (BIA) technology has been used by health and well-being experts around the world.

Tanita has produced the highest standard in fitness and wellness assessment. The RD-953 incorporates the very best **FDA Cleared**, medical grade “Multi Frequency”, BIA technology, allowing you to have the most accurate body composition accuracy in the comfort of your home.

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**Specifications:**

- Bluetooth 4.0 Low Energy
- Capacity: 440lb (200 kg)
- Weight increments: 0-200lb / 0.1lb, 200-440lb / 0.2lb, 0-100kg / 0.05kg, 100-200kg / 0.1kg
- Body Fat Increments: 0.1%
- Tempered glass platform with transparent electrodes
- 4 user memory - each with its own color display
- Color Coded Indicators
- Weight only function
- Guest Mode & Athlete Mode
- Power Supply: 4 x AA (included)
- Dimensions: 11.7” x 12.9” x 1.3”
- Weight: 4.6lb

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**What is “Multi Frequency”?**

Research has shown that using multiple bio-electrical impedance (BIA) frequencies provides essential data of a person’s **intracellular** and **extracellular status**. This advanced technology allows greater accuracy when calculating body composition measurements, including muscle quality score.

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**YOUR MEASUREMENTS ARE ASSESSED AND SHOWN IN 3 SIMPLE LEVELS**

EASY TO READ WITH 3 BACKLIT COLORS

The measurements will be displayed in the following color coded indicators giving you an instant review of your body status.

<table>
<thead>
<tr>
<th>Green: Healthy</th>
<th>Yellow: Borderline</th>
<th>Red: Attention Needed</th>
</tr>
</thead>
<tbody>
<tr>
<td>2.0 % BF</td>
<td>3.7 % BF</td>
<td>4.10 % BF</td>
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</tbody>
</table>

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**Muscle Quality Score**

Higher density of muscle fiber with little fat, water and connective tissue, etc.

- **Maintain regular exercise to ensure your Muscle Quality stays within the healthy range.**
- **Increase exercise on a regular basis to improve your Muscle Quality Score.**